

Matthew Arnold Primary School - PE Overview

(units in red to be taught by LSSP sports coach)

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Introduction to PE: Unit 1	Ball Skills Unit 1	Dance Unit 1	Fundamentals Unit 1	Gymnastics Unit 1	Games Unit 1
Reception	Introduction to PE: Unit 2 Balanceability	Ball Skills Unit 2	Dance Unit 2	Fundamentals Unit 2	Gymnastics Unit 2	Games Unit 2
Year 1	PE Fundamentals Ball Skills	Fitness Gymnastics	Invasion Games Dance	Sending and Receiving Net and Wall	Strike and Fielding Target Games	Athletics Team Building
Year 2	PE Fundamentals Ball Skills	Fitness Gymnastics	Invasion Games Dance	Sending and Receiving Net and Wall	Strike and Fielding Target Games	Athletics Team Building
Year 3	PE Fundamentals Gymnastics	Dodgeball Fitness	Hockey Dance	Swimming OAA	Athletics Swimming	Rounders Swimming
Year 4	Basketball Ball Skills	Handball Gymnastics	Dance OAA	Football Swimming	Athletics Swimming	Cricket Swimming
Year 5	Netball Swimming	Dodgeball Swimming	Swimming Gymnastics	Fitness Dance	OAA Hockey	Athletics Rounders
Year 6	Basketball Swimming	Handball Swimming	Tag Rugby Swimming	Football Gymnastics	OAA Tennis	Athletics Cricket

