Lunch Menu Week 1

Week 1	Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	Margarita Pizza with Wedges & Beans	Wholemeal Spaghetti Bolognese with Salad & Garlic Bread (V)	Sausage Toastie	Chicken Curry with white Rice & Green Beans	Fishcake or Fish Fingers with Chips & Peas
	Vegetarian Chilli with white Rice	Pesto Pasta OR Vegetarian Wholemeal Spaghetti Bolognese (Ve) (V)	Vegetarian Sausage Toasties with Beans (V)	Macaroni Cheese OR Curry sauce with white Rice & Green Beans (V)	Vegetarian Sausage Roll with Chips & Beans (Ve)
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	Fresh Fruit & Yoghurt	Iced Sponge Cake	Angie's Cookies	Fresh Fruit	Cheese & Crackers

PROUDLY MEAT Monday FREE SUPPORTING

Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt

Please speak to a member of staff about dietary requirements.
All menus are checked by a nutritionist and adhere to School Food Standards.

(V) Vegetarian
(Ve) Vegan
Oily fish

Lunch Menu Week 2

Week 2	Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	Wholemeal Tomato & Basil Pasta (Ve)	All Day Breakfast	Chicken / Ham Roast Dinner with Roasted Potatoes & Seasonal Vegetables	Beef Curry with White Rice	Fishcake or Fish Fingers with Chips & Peas
	Vegetarian Curry with White Rice (Ve)	Cheese & Tomato Toasties with Salad (V)	Vegetarian Roast Dinner with Roasted Potatoes & Seasonal Vegetables (Ve)	Tomato & Basil Pasta/ Tuna Pasta (V)	Vegetarian Sausage Roll with Chips & Beans (V)
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	Fruit + Yoghurt	Rich 'chocolate' Cookie	Fruit + Yoghurt	Vanilla Cheesecake	Cheese & Crackers

PROUDLY SUPPORTING Monday MEAT FREE

Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt

Please speak to a member of staff about dietary requirements.
All menus are checked by a nutritionist and adhere to School Food Standards.

V Vegetarian
Ve Vegan
Oily fish

Lunch Menu Week 3

Week 3	Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	Wholemeal Margarita Pizza with Wedges & Beans (V)	Sausage & Mash with Seasonal Vegetables & Gravy	Chicken Curry with Rice & Green Beans	Wholemeal Spaghetti Bolognese with Salad & Garlic Bread	Salmon Stars or Fish Fingers with Chips & Peas
	Roasted Red Pepper Quiche with Salad (V)	Vegetarian sausage and mash (V)	Wholemeal Pesto Pasta OR Curry sauce with rice and green beans (V)	Pesto Pasta OR Vegetarian Wholemeal Spaghetti Bolognese (Ve)	Vegetarian Sausage Roll with Chips & Beans (Ve)
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	Fruit & Yoghurts	Shortbread Biscuit served with fresh fruit	Cupcakes	Fruit & Yoghurts	Cheese & Crackers

PROUDLY MEAT Monday FREE SUPPORTING

Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt

Please speak to a member of staff about dietary requirements.
All menus are checked by a nutritionist and adhere to School Food Standards.

(V) Vegetarian
(Ve) Vegan
Oily fish

Lunch Menu Week 4

Week 4	Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	Wholemeal Tomato & Basil Pasta (V)	Chicken Curry with Rice & Green Beans	Roast Chicken Dinner with Roast Potatoes & Seasonal Vegetables	Wholemeal Spaghetti Bolognese with Salad & Garlic Bread	Fishcake or Fish Fingers with Chips & Peas
	Homemade quiche served with salad & crusty bread (V)	Macaroni Cheese OR Curry sauce with Rice & Green Beans (V)	Vegetarian Roast Dinner with Roasted Potatoes & Seasonal Vegetables (V)	Pesto Pasta OR Vegetarian Wholemeal Spaghetti Bolognese (V)	Vegetarian Sausage Roll with Chips & Beans (V)
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	Fruit & Yoghurts	Cupcakes	Fruit & Yoghurts	Cookies	Cheese and crackers

PROUDLY MEAT Monday FREE SUPPORTING

Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt

Please speak to a member of staff about dietary requirements.
All menus are checked by a nutritionist and adhere to School Food Standards.

V Vegetarian
Ve Vegan
Oily fish