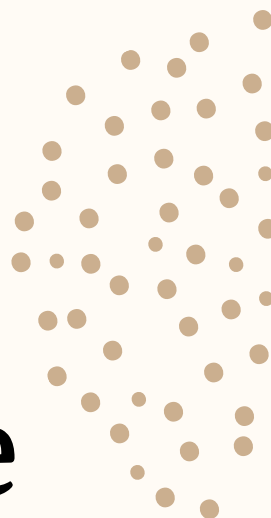


Granby and Dingle Children's Centre

Book onto our 6 week confidence course
to explore different ways to feel good and
look after yourself, feel more positive and
have a brighter future

Boost Confidence Course



Personal confidence and worry

First Impressions

Connections

Physical and Mental Fitness

Hopes & Dreams

Your future self & goals



Dingle Childrens Centre

0151 233 4930

Starts: Tuesday 6th January 2026

12:45pm - 2:45pm

