

Lunch Menu Week 5



w/c 19th May	 Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Chef Choice	Tomato & Basil	Brolloli & Cheddar	Pea and spinach	Chinese Sweetcorn
HOT MAINS	Tomato & Basil Pasta 	Ham Roast Dinner with Seasonal Vegetables & Roast New Potatoes	Carribean Beef Curry with Rice	Spanish Chicken with Rice & Green Beans	Fish Fingers or Tandoori Salmon  with Chips and Garden Peas
	Red Pepper Quiche 	Vegetarian Chilli with Rice 	Pesto Pasta 	Vegetable & Lentil Stew 	Veggie Burger in a Bun with Chips 
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	Fresh Fruit Salad 	Apple Flapjacks 	Pineapple & Coconut Sponge 	Flapjacks 	Cheese and Crackers, Popcorn 

Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt

Please speak to a member of staff about dietary requirements.
All menus are checked by a nutritionist and adhere to School Food Standards.



Vegetarian
Vegan
Oily fish