

Lunch Menu Week 1

Week 1		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	Margarita Pizza with Wedges & Beans 	Spaghetti Bolognese with Salad & Garlic Bread	Chicken Fajitas	Chicken Curry with Brown Rice & Green Beans	Fishcake or Fish Fingers with Chips & Peas
	Vegetarian Chilli with Brown Rice 	Pesto Pasta 	Vegetarian Sausage Toasties with Beans 	Macaroni Cheese 	Vegetarian Sausage Roll with Chips & Beans 
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	Fresh Fruit & Yoghurt	Iced Sponge Cake	Cherry Bakewell Slice	Fruit Trifle	'Chocolate' Fudge Cake

Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt

Please speak to a member of staff about dietary requirements.
All menus are checked by a nutritionist and adhere to School Food Standards.



Vegetarian



Vegan



Oily fish

Lunch Menu Week 2

Week 2		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	Tomato & Basil Pasta Ve	All Day Breakfast	Ham Roast Dinner with Roasted Potatoes & Seasonal Vegetables	Beef Tacos	Fishcake or Fish Fingers with Chips & Peas
	Vegetarian Curry with Brown Rice Ve	Cheese & Tomato Toasties with Salad V	Vegan Ravioli in a Homemade Tomato Sauce Ve	Egg Fried Rice (made with Brown Rice) V	Veggie Fingers with Chips & Beans V
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	Fruit & Yoghurts	Rich 'Chocolate' Cookie	Vanilla Cheesecake	Fruit pavlova	Victoria Sponge Cake

Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt

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Vegetarian
Vegan
Oily fish

Lunch Menu Week 3

Week 3	 Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	Wholemeal Margarita Pizza with wedges & Beans 	Sausage & Mash with Seasonal Vegetables & Gravy	Chicken Curry with Rice & Green Beans	Shepherds pie with Seasonal Vegetables & Gravy	Salmon Stars or Fish Fingers with Chips & Peas 
	Vegetable & Rice Enchiladas 	Roasted Red Pepper Quiche with Salad 	Wholemeal Pesto Pasta 	Stir Fry Vegetables with Spaghetti 	Vegetarian Sausage Roll with Chips & Beans 
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	Fruit & Yoghurts	Apple Crumble & Custard	Sticky Toffee Cake	Cheese & Crackers	'Chocolate' Fudge Cake

Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt

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Lunch Menu Week 4

Week 4	 Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	Cheesy Bean Pasta Bake 	Chilli Con Carne with Brown Rice	Roast Chicken Dinner with Roast Potatoes & Seasonal Vegetables	Spaghetti & Meatballs	Fishcake or Fish Fingers with Chips & Peas
	Cheese & Tomato Toasties with Salad 	Cheese & Onion Pie Seasonal Vegetables 	Meat Free Burrito 	Vegetarian Spaghetti Bolognese with Salad & Garlic Bread 	Veggie Fingers with Chips & Beans 
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	Fruit & Yoghurts	German Apple Cake	Plain Scones with Jam & Cream	Rich 'Chocolate' Cookies	Victoria Sponge Cake

Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt

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