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Dear Parent/Carer

Next week is sugar awareness week. This is because in Liverpool a shocking 43.5% of 5-year-olds have decayed, missing or filled teeth. That equates to 2,350 kids across the city, at a time when access to dentists is very difficult, and harm caused by decayed missing filled teeth to children's wellbeing and educational attainment is significant. In Liverpool over 20 children under age 10, are admitted to hospital every week to have teeth removed due to dental decay.

Last week your child brought home a booklet with information about sugar in products that they may eat and drink. They will be listening to a story about looking after their teeth in assembly on Monday 18<sup>th</sup> November.

You can also check out the Save Kids from Sugar campaign website: <https://savekidsfromsugar.co.uk/>, it contains a sugar check tool which allows parents (and children) to choose which breakfast cereal, drink and yogurt their child has on a typical day and works out how much sugar their child is consuming compared to the maximum daily allowance. We would like to thank you for your support in this matter.

Mrs B Badger  
PSHE Lead

